

upcycle it! diy t-shirt yarn



maker checklist

old t-shirts

fabric scissors

before you start
cut off the hem and
save it for cat's cradle!



faded tees? fresh yarn!

1

cut the body in a spiral

cut around the body of the tee, going around and around, all the way to the arms, so that you have a single long strand about 1-inch wide.

2

play tug o' war!

take sections of your t-shirt strand (or give one end to a friend) and pull! the edges will soften and curl, and you will have a long rope of fabric.

3

wind it up and wrap in a ball

take your long strands of t-shirt yarn, tie them together and wind them up. now you have a ball of t-shirt yarn for when inspiration strikes!



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